11 March 2015

Dear Parents/Guardians,

Your son's/daughter’s class will be going on their Year 8 Reflection Day on Monday 16 and Tuesday 17 March 2015.

The famous Greek philosopher, Socrates, once boldly stated that: “The unexamined life is not worth living.”

We are unable to grow towards a better understanding of our true nature unless we take time to examine and reflect upon our lives.

At MacKillop Catholic College, the Retreat programme strives to help students appreciate the need for time out and reflection if they are to grow spiritually and personally.

The Year Eight Retreats explore the theme of Identity, challenging students to reflect upon how they view their world. Students will also begin to reflect upon the role they are growing into as young men and women.

Retreats are considered an integral part of the Religious Education programme and, as such, all students are expected to attend. This year the Retreats will be held at Brighton Civic Centre. Year Boys will have their Retreat together on Monday, and the Girls will have theirs together on Tuesday. The program will be facilitated by the Retreat Team comprised of Staff. The remaining cohort on each day will participate in regular timetabled classes on each day.

Monday 16 March: Boys’ Retreat Day
Tuesday 17 March: Girls’ Retreat Day

The students will leave school at approximately 8.45am on the bus, and they will return to the College to go home at their usual time.

Sport uniforms are to be worn and students may wear these to school in the morning. Pencil cases, morning tea and a water bottle are also required.

Students are to organise themselves into small lunch groups between 3 - 6 students this week in Religion classes. All students will need to bring food for their lunch group. Students with food allergies can bring a packed lunch for the day.

Yours Sincerely,

Mrs Linda Pollard
Director of Ministry & The MKC Retreat Team:
Mr Ben Slade, Mr Mat Dixon, Mr Ty Capaci, Mr Phil Stanley, Mrs Kate Chasemore, Mrs Sharon Lawler and Mrs Debbie Arnett.