SCHOOL CROSS COUNTRY CARNIVAL & EDDIE RICE CUP COMPETITION

Where: Wentworth Park, Howrah
When: Friday 30th May
Transport: Bus to Venue @ 8.45am & Bus returning to College @ 2.30pm
Uniform: HPE Gear & Pack House Coloured Attire
Food: A BBQ will be provided for all Cross Country Entrants.
(If you are not participating please bring a packed lunch. All students will need to bring their own snacks & plenty of water for the day).

Event Schedule:

8.45am  Home Groups – Meet on Top Oval – to board Buses
9.15am  Year 7 Girls Cross Country (3km Course)
9.30am  Year 8 Girls Cross Country (3km Course)
9.45am  Year 9 Girls Cross Country (3km Course)
10.00am Year 10 Girls Cross Country (3km Course)
10.15am Year 7 Boys Cross Country (3km Course)
10.30am Year 8 Boys Cross Country (4km Course)
10.45am Year 9 Boys Cross Country (4km Course)
11.00am Year 10 Boys Cross Country (5km Course)

(These distances are in line with SATIS requirements for this Carnival. The first 20 finishes in each Year Group will make the MacKillop Cross Country Team to compete at the Southern SATIS Carnival to be held Tuesday 10th June).

12.00pm  Eddie Rice Cup Competition

What is this Eddie Rice Cup all about? Details overleaf 😊

2.30pm  Return to MacKillop College

(All presentations for the day will take place @ the College the following Tuesday 4th June)
EDDIE RICE CUP COMPETITION

- All House Groups will be split into 3 teams within the House that have students from across all Year Groups in them. These 3 teams will compete separately around the activities aiming to get points for their House.

- The House Captains/Staff House Coordinators will have details of the teams & will organise their House members as required prior to the start of the activities. If there are a number of students absent the House Captains may have to alter their teams to even up the numbers across the 3 groups.

- The Eddie Rice is all about having fun & encouraging positive interactions between our students across the Year Groups from Year 7 through to Year 10.

- The 12 activities are not specific sports games but various fun games that test a variety of skills. Activities such as the Tyre Relay; or the Hoopla Run; the Wheelbarrow Transport game or a Tako Run. The games will certainly challenge all involved - with many laughs along the way no doubt - while still creating some healthy spirited student competition.

- Each station will run for 10 minutes & then the group will rotate to the next activity until each group has done all 12 activities.

Any questions, issues or concerns please contact Fi Geappen on the details below to discuss.

Parents/Carers: please note that spectators are very welcome @ any time across the day.

ENJOY everyone 😊

Cheers

Fi Geappen
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