2014 COLLEGE ANNUAL

Email all your student achievements (enquiries@mackillop.tas.edu.au) so they can be acknowledged in the newsletter and the Annual.

DON’T MISS OUT!

SCIENCE WEEK

EXTRAS WITH THIS NEWSLETTER:
• Coffee Fundraiser
• McK Sport Newsletter
• College Sports Bag Order Form
• All Extra News

TAPPING INNER STRENGTHS

Are you the parent or carer of a 12 to 18 year old? Do you feel like things at home are near breaking point? Might your teenager want to leave home, or has just left home? Do you sometimes feel like leaving home yourself?

Tapping Inner Strengths is a FREE 7 week program for parents and carers, looking at ways to manage conflict, communication and relationships through difficult times. Tapping Inner Strengths starts Tuesday, October 21 from 6pm to 8pm, in North Hobart. Bookings and information on how to sign up is available on the form. It is a voluntary program and makes it easier for students to obtain a TFN.

Some productions, like Ivy Shamhitt and the Sound Machine, are certainly more than just polished performers on stage. The selection of play, casting, preparation, sets, costumes and technical support are vital ingredients of quality performances and I would like to thank the staff of the Performing and Visual Arts Department, including Mrs Toni Pritchard and Mrs Anne Lovell, for their support of the event.

I would also like to express my gratitude to the staff involved in the other details of the production, such as front of house, costume, back stage and the bumping in and out during the days before and after the days of performances.

I would like to congratulate and thank Miss Phillipa Coward on, once again, staging an excellent production. Phillipa continues to set a high standard of Drama performances at MacKillop and she is a consummate professional in her direction of this annual event.

MACKILLOP CATHOLIC COLLEGE

VOLUME 22  NO. 13  SEPTEMBER 10, 2014

SUICIDE PREVENTION WEEK

This week is National Suicide Prevention Week. The aim of the campaign is to bring awareness to the community about the high numbers of people lost to suicide in this country. While the reasons for suicide are complex, it is a commonly held belief that most suicide is preventable. At MacKillop we have invested a lot of time in our Personal Development Program to issues of mental health. At this time of the year we pray for and remember former members of our community and their friends and families.

I would like to draw your attention to a fundraising event as part of Suicide Awareness Week. The event is to raise money for Albie House, a place dedicated to giving hope to youth at risk of suicide and those living with its effects. See details below:

Where: Tasmanian Hockey Centre
When: Saturday, October 11, 2014 @ 7.00 pm
Cost: Tickets $30 each or $250 for 10 people

For tickets or more information contact Di on 0408302715 or email didarkey@live.com.au

TIMOR LESTE IMMERSION PROGRAM

In just under two weeks fourteen Year 10 students, accompanied by Mrs Rebecca Prenter, will travel to Timor Leste. This is the second year of an immersion program aimed at establishing an ongoing community partnership with the Marobo community. We wish all participants a safe and joy-filled experience and we look forward to hearing about their experiences working with this community when they return.

CLARENCE LITTLE ATHLETICS

Registration Day 2014
Kangaroo Bay Oval, Sunday, September 28, 2014
10.00 am to 12.00pm
Register online, payment taken on Registration Day
Season commences Saturday, October 5th - 8.20am
For further information contact Amanda Robertson (Secretary) 0419714924
Website: www.clarence.org.au

Www.sodahead.com

SACRAMENTAL PREPARATIONS

Parents wishing to enrol their children to prepare for Reconciliation, Confirmation and First Eucharist need to collect enrolment forms from school or from the Church, and return them by the end of term 2, Friday September 27th, 2014. Enrolments for Grade 7 and above will take place in term 3, 2013.

High School Students who have enrolled out in celebrating Reconciliation, Confirmation or Eucharist, are invited to fill in an enrolment form, or contact Fr. Peter 6245 9901 or bit.mackillop@bigpond.com

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Year 10 Production

Last week we were treated to the Year 10 Production of Ivy Shamhitt and the Sound Machine. The production was high quality and reflected the commitment and discipline required to stage such a feat.

Productions, like Ivy Shamhitt and the Sound Machine, are certainly more than just polished performers on stage. The selection of play, casting, preparation, sets, costumes and technical support are vital ingredients of quality performances and I would like to thank the staff of the Performing and Visual Arts Department, including Mrs Toni Pritchard and Mrs Anne Lovell, for their support of the event. I would also like to express my gratitude to the staff involved in the other details of the production, such as front of house, costume, back stage and the bumping in and out during the days before and after the days of performances.

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The Australian Taxation Office (ATO), with the cooperation of schools, offers students aged 13 years and over the opportunity to apply for a tax file number (TFN) through their school. This is a voluntary program and makes it easier for students to obtain a TFN.

Students need a TFN for employment, applying for Centrelink benefits, opening a bank account or deferring university fees. Applying for a TFN through school is easier because students do not need to show identifying documentation to the ATO. The application form is available from the College Office. It is important that the application form is fully completed and signed by the student. All information provided on the form will remain confidential. Students will receive their TFN via a notification on the ATO website.
SUMMER UNIFORM
A reminder that when we return for Term 4 all students are required to be in full summer uniform. Please note this does include a College hat for all HPE classes and any outside activities. The holiday break might be a good time to check the length of summer dresses as many students have grown through a growth spurt over the past months.

FOOTY COLOURS DAY
The last Friday of Term 3, September 26, is the traditional Footy Colours Day in the College. Students are encouraged to wear their footy colours to school with their College sport uniform for a gold coin donation. All money collected will be donated to Albie House. Students will have the opportunity to participate in a BBQ lunch. This will be the only hot food available at lunch from the Canteen on the day.

GIVING ADOLESCENTS FREEDOM AND MINIMISING RISK
Young people typically want more independence. But giving young people more rope can be downright tricky for parents these days. Here are some ideas to help...

Adolescents usually want more freedom than parents are prepared to give. Most teenagers think they are three years older than they really are, and many parents think their teenage children are three years younger than they really are. Getting the ‘freedom’ balance right is obviously quite tricky; though it often comes with experience. You are probably familiar with the fact that the teenage brain is very much a work-in-progress. Parents of teenage children should carry a little card with the words “Teenager: Brain under Construction” printed on it to remind them that young people are poor assessors of risk. Adolescents often act first, and think later. This means parents need to be very hands-on with their parenting in this potentially tricky stage. It’s important that parents put processes in place that will help reduce risk and keep their young people in this age-group safe. These include: expecting teenagers to maintain contact with you; setting limits for being out; and praising responsible behaviour with greater freedom. There are three things parents need to know when their young people go out:

1. Where are you going?
2. Who are you going with?
3. When will you be home?

Young people often use their peers as leverage when they want more freedom: “Everyone else in my class is allowed to go to...”. This type of comment is hard for a parent to resist. But it’s better to link greater freedom with responsible behaviour rather than going along with what the crowd is doing.

STUDENT LEADERSHIP
This week the Student Leaders have been visiting Home Rooms to “check in” with the students they represent. In their visits to each Home Room, they have been acknowledging the terrific support of students during UAMM week as well as recognising the students who have been gaining stamps for our School Wide Positive Behaviour Support Program. The Student Leaders have also been promoting the College Sports Bag that they worked hard to make a reality, publicising that they’re available for $30 from the Uniform Shop or by the order form included with today’s newsletter.

PEER SUPPORT
The Year 10 Peer Support Team is very enthusiastic about being able to spend a day with their Peer Support buddies in Year 7 for the Mount Wellington Walk experience. This excursion provides a terrific opportunity for the Year 10s to consolidate a lot of dynamic mentor-style work that they have been doing through the year with their young buddies.

LAST CHANCE FOR COFFEE FROM TIMOR
As the Term 3 Interim Reports are currently being completed by subject teachers to be sent home in the last week of term. These reports indicate whether during Term 3 a student has accessed work at their chronological grade level and whether they have been actively engaged in learning within each subject.